

May 2025 Meals on Wheels & Senior Café

Meals on Wheels - Please remember to cancel your meal 24 hours in advance of any appointments, etc.

Sylva 631-8044

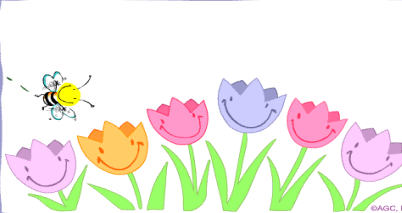

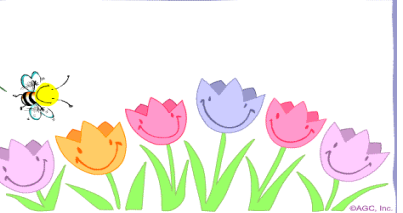

Cashiers 745-6856

Senior Café - Reservations & Cancellations required by 3PM one day in advance

Sylva 631-8045

Cashiers 745-6856



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 Oven Fried Chicken Cheesy Potatoes Asparagus Milk Roll Fruit Cup Pineapple Upside Down Cake</p>	<p>2 Beef Tips w/Mushroom Gravy Black-Eyed Peas Boiled Cabbage Banana Pudding Rye Bread Milk</p>
<p>5 Pinto Beans Fried Potatoes/ Onions Boiled Cabbage Cornbread juice/oj Watermelon Milk</p>	<p>6 Open-Faced Hot Turkey Sandwich wGravy Irish Mashed Potatoes Hot Savory Carrots Diced Pears Cookie Milk</p>	<p>7 Crab Cake Mashed Potatoes Green Peas Blueberry Cobbler Pineapple Chunks Milk</p>	<p>8 Beef w/Rstd Veggies Summer Squash Brussel Sprouts Banana Dinner Roll Milk</p>	<p>9 Tuna Salad Macaroni Salad Green Pea Salad Crackers Fresh Orange Berry Parfait Milk</p>
<p>12 Cheeseburger/Bun Baked Beans Home Fries Calico Coleslaw Lettuce & Tomato Orange Milk</p>	<p>13 Chicken Jambalaya w/Rice fresh orange Broccoli Cuts Southwestern Corn Glazed doughnut Milk</p>	<p>14 Egg Salad Shredded Lettuce Croissant Potato Chips Grape Cluster Milk</p>	<p>15 Cheese Ravioli w/Meat Sauce Southwestern Corn Garlic Bread Milk Green Beans juice/oj Spice Cake w/Frosting</p>	<p>16 Beef Frito Pie Spanish Rice Fiesta Veggie Blend Fresh Banana Milk</p>
<p>19 Baked Pork Chop Baked Sweet Potato Broccoli w/Cheesesauce Biscuit Orange Milk</p>	<p>20 Chef Salad w/Ham & Turkey Potato Salad Cottage Cheese & Peach Salad Crackers Milk</p>	<p>21 Beef Goulash over Macaroni Noodles Whole Kernel Corn Peas w/Mushrooms Garlic Texas Toast Milk</p>	<p>22 Pepper Steak w/Gravy Rice Mixed Vegetables Carrot & Raisin Salad Roll juice/oj Milk</p>	<p>23 Chicken Cordon Bleu Oven Roasted Potatoes Strwbry Spinach Salad Garlic Toast Spiced Apples Milk</p>
<p>26  MEMORIAL DAY HONORING ALL WHO SERVED</p>	<p>27 Shepherd's Pie Spinach Strwbry Salad Glazed Baby Carrots Stewed Apples Texas Toast Milk</p>	<p>28 Baked Chicken Parmesan Tomatoes Lima Beans Texas Toast Fruited Gelatin Milk juice/oj</p>	<p>29 Breaded Tilapia Wild Rice Blend Broccoli Cuts Hush Puppies Diced Pears Milk</p>	<p>30 Baked Chicken Yellow Squash Casserole Lima Beans Applesauce Roll juice/oj Milk</p>