

THIS CALENDAR IS SUBJECT TO CHANGE.

Our Google calendar is the most up to date, find it at the bottom of our website's homepage:

www.aging.jacksonnc.org



May 2021
Safer at Home Calendar



Jackson County Senior Center
(828) 586-5494
100 County Services Park



Mon

Tue

Wed

Thu

Fri

<p>3 Take & Make Craft Pick-up 3rd-28th 11-11:45AM Stretch & Strengthen</p> 	<p>4 9:30-10:30AM Tai Chi 10:30-11:30AM Line Dancing 10:30-11:30AM Qigong 1-2 PM AFEP 2:30-3:30PM Gentle Chair Yoga</p>	<p>5 11-11:45AM Stretch & Strengthen 2:30-3:30PM Yoqa for Seniors</p> 	<p>6 9:30-10:30AM Tai Chi 10AM-12PM Greeting Cards w/ Toni\$ 1-2PM AFEP</p>	<p>7 12-1PM Zumba Gold</p> 	
<p>10 11-11:45AM Stretch &Strengthen <u>11AM-12PM Mother's Day Drive- Thru Event</u> 1-3PM Jewelry class with Mary Collins \$</p>	<p>11 9:30-10:30AM Tai Chi 10AM-12PM Cashiers Virtual Card Making w/ Toni \$ 10:30-11:30AM Line Dancing 1-2PM AFEP 2:30-3:30PM Gentle Chair Yoga</p>	<p>12 11-11:45AM Stretch & Strengthen 2:30-3:30PM Yoga for Seniors</p>	<p>13 9:30-10:30AM Tai Chi 1-2PM AFEP</p> 	<p>14 12-1PM Zumba Gold</p>	
<p>17 11-11:45AM Stretch &Strengthen</p> 	<p>18 9:30-10:30AM Tai Chi 10:30-11:30AM Line Dancing 10:30-11:30AM Qigong 2:30-3:30PM Gentle Chair Yoga</p>	<p>19 11-11:45AM Stretch & Strengthen 2:30-3:30PM Yoqa for Seniors</p> 	<p>20 9:30-10:30AM Tai Chi 10AM-12PM Greeting Cards w/ Toni\$</p>	<p>21 12-1PM Zumba Gold</p> 	
<p>24 11-11:45AM Stretch &Strengthen</p> 	<p>25 9-2PM (Take Home) Craft w/ Margaret 9:30-10:30AM Tai Chi 10:30-11:30AM Line Dancing 1-2PM AFEP 2:30-3:30PM Gentle Chair Yoga</p>	<p>26 11-11:45AM Stretch & Strengthen 2:30-3:30PM Yoga for Seniors</p>	<p>27 9:30-10:30AM Tai Chi 11AM-12PM Cashiers Multimedia Art class w/ The Bascom \$ 1-2PM AFEP</p>	<p>28 12-1PM Zumba Gold</p>	
<p>31 CLOSED</p> 		<p>Pre-register at: MyActiveCenter.com \$ - Indicates a fee <u>Underlined - Drive Thru Events</u> CAPS - CLASS SERIES <i>Italics - Changes have been made</i> Stars - *New Program* Brackets - [Special Events] Ongoing: The Lending Library is located at the front entrance underneath the awning from 8-5 Monday-Friday</p>			