

Smoky Mountain Senior Games



The mission of the Smoky Mountain Senior Games is to promote healthy lifestyles – both mentally and physically – by encouraging seniors (at least 50 years of age) to practice and participate in their chosen event(s) throughout the year.

Senior Games provides a variety of [events](#), so there is something for everyone. Top competitors in each category are eligible to go to the State Games in Raleigh.

Silver Arts is a statewide arts program that celebrates the accomplishments of Jackson County senior artists and provides a showcase for our local talent.

Smoky Mountain Senior Games is sanctioned by North Carolina Senior Games (NCSG) and sponsored statewide by the North Carolina Division of Aging and Adult Services. Smoky Mountain Senior Games supports athletes and creative artists from Jackson, Swain, & Graham County.

Dates for 2023:

Registration Dates: Coming Soon!

Event Dates: TBD

Registration forms will be available at the both Department on Aging Senior Centers in Sylva and Cashiers as well as the Jackson County Recreation Centers.

Click this Link to Register Online: <https://torch.ncseniorgames.org/Account/Login>

For more information about Smoky Mountain Senior Games,
Please call 828-586-5494 or visit the [NCSG website](#).