

October 2021 Cashiers Activities Calendar

217 Frank Allen Rd Cashiers (across from Library)

For more information Call 745-6856





Mon	Tue	Wed	Thu	Fri
Use Exercise Equipment Do Own Arts and Crafts Puzzling Adult Coloring Computer Lab BP Checks Self Check Games Reading Books and Magazines TV Programs and Videos	General Information : You can register and pay for activities on line at www.myactivecenter.com	Octo	ber	1 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 2p Travel Video
9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 12:30p-1:30p Topic of Discussion w/ Vaya Health Care Crisis Prevention: Keeping Your Cool Under Pressure	Malking Club @ Rec Center 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 1:30p Spring Forest Qigong with Susan and Andrew	6 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 1p Mind Teasers	7 10:30a- 11:30a Walking Club @ Rec Center 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 1p Exercising with Music	9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 12:30p-2p Travel Video
9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 1p- 3p Jewelry Class with Mary Collins	12 10:30a - 11:30a Walking Club @Rec Center 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 2:30p Safety Pin Creations with Judi Moore	9a– 3:30p Meet and Greet 9a– 3:30p Drop In Activities 12:30p– 1:30p Bingo	14 10:30a-11:30a Walking Club @ Rec Center 9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 1p-3p Gifts for Home and Family	9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 2p Travel Video
9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 12:30p-2:30p Card Class with Toni Murphy	19 10:30a-11:30a Walking Club @Rec Center 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 1:30p Spring Forest Qigong wth Susan and Andrew	9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 10:30a-2:30p Basket Class with Junetta Pell	with Mary Collins 21 10:30a- 11:30a Walking Club @ Rec Center 10:30a- 2:30p Basket Class with Junetta Pell	9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 2p Travel Video
25 9a– 3:30p Meet and Greet 9a– 3:30p Drop In Activities 11a– 12p Crafting With Margaret	26 Senior Trip Eat At The Pisgah Inn and Leaf Looking On the Parkway (leave the center at 9a)	9a– 3:30p Meet and Greet 9a– 3:30p Drop In Activities 12:30p– 1p Mind Teasers	28 10:30a- 11:30a Walking Club @ Rec Center 9a- 3:30p Meet and Greet 9a- 3:30p Drop In Activities 12:30p- 2p Multimedia Art with the Bascom	9a-3:30p Meet and Greet 9a-3:30p Drop In Activities 12:30p-2p Halloween Party and Games