

November 2017 Cashiers Activities Calendar

217 Frank Allen Rd Cashiers (across from Library)

For more information Call 745-6856

Underlined Activities Require Pre-registration



| Mon | Tue | Wed | Thu | Fri |
|---|--|--|--|---|
|  |  | 1 10:30a– 12p Crafting w/Carolyn (sewing project) <u>12:30p– 2:30p</u> Card Making w/Toni Murphy | 2 10:30a - 11:30a Walking Club @ Rec Center <u>10:30a– 2p</u> Paper Art Class w/Lawrie Williams | 3 <u>10:30a– 2p</u> Wire Art Jewelry w/Lawrie Williams |
| 6 10:30a– 12p Diabetes Awareness w/ Alliant Quality 12:30p Anxiety Disorder and Obsessive Compulsive Disorder in the Aging with Vaya Health Care | 7 10:30a -11:30a Walking Club @ Rec Center 12:30p Meds vs Meds w/Sherrie Peeler | 8 11a Organization Tips For The Holidays <u>1p</u> Woodworking w/Charlie (Casserole Dish Holder) | 9 10:30a- 11:30a Walking Club @ Rec Center 12:30p Veteran's Day Celebration  | 10 Cashiers Senior Center Closed Veteran's Day Holiday |
| 13 10:30a– 12p Diabetes Awareness w/Alliant Quality 1p Exercise w/ Charlie | 14 10:30a -11:30a Walking Club @ Rec Center 10a– 2p Open Enrollment/ Medicare Drug Plan w/ Diane Parker <u>10:30a– 1:30p</u> Acrylic Class w/Grant (At Senior Center) | 15 10:30– 12p Computer Class w/Jim <u>10:30a– 2:30p</u> Basket Class w/Junetta Pell | 16 10:30a- 11:30a Walking Club @ Rec Center <u>10:30a– 2:30p</u> Basket Class w/Junetta Pell | 17 10:30a– 12p Crafting w/Carolyn (sewing project) <u>12:30p– 2:30p</u> Card Making w/Toni Murphy |
| 20 10:30a– 12p Diabetes Awareness w/Alliant Quality 1p Thanksgiving Crafting w/Margaret (Pinecone Turkeys) | 21 10:30a-11:30am Walking Club @ Rec Center 12:30p Celebrate November Birthdays | 22 11a Show and Tell 1p Bingo | 23 Cashiers Senior Center Closed Thanksgiving Holiday | 24 Cashiers Senior Center Closed Thanksgiving Holiday |
| 27 10:30a– 12p Diabetes Awareness w/Alliant Quality 12:30p– 2:30p Crocheting w/Shawn | 28 Senior Outing Visit Old School Antique Mall and the American Museum of the House Cat Shopping At Sylva Wal-Mart Lunch At Kostas (leave the center by 9a) | 29 10:30a– 12p Computer Class w/Jim 10:30a– 2:30p Crocheting w/Shawn | 30 10:30a– 11:30a Walking Club @ Rec Center <u>10:30a– 12:30p</u> Make A Gingerbread House w/Grant (At Bascom) |  |